

# Panax Ginseng

150mg standardised extract, equivalent to 1,500mg Ginseng root

## What is Panax Ginseng?

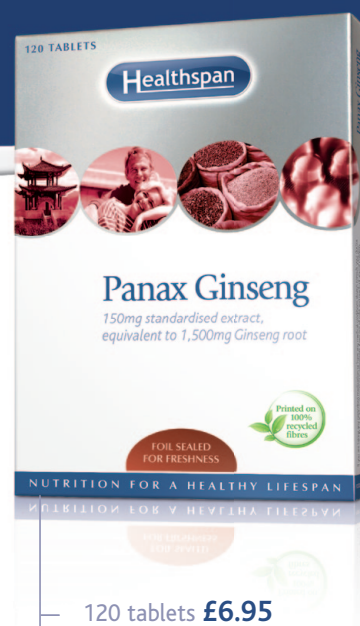
Ginseng has been used for thousands of years for its health benefits. The ginsenosides in Healthspan's Panax Ginseng are only extracted from the root of the herb after four to six years when their concentration and potency peaks.

The botanical name Panax is derived from the Greek word for panacea – *pan* (all) *akos* (cure). Although no herb can be considered a 'cure-all', *Panax ginseng* has many associated health benefits.

Each tablet contains 150mg of standardised *Panax ginseng* root extract (10:1) equivalent to 1,500mg of root. Healthspan Panax Ginseng provides a guaranteed 30mg of natural ginsenosides.

## Pharmaceutical quality

This Healthspan product is produced to pharmaceutical standards in government-approved facilities that operate to the highest manufacturing standards known as GMP (Good Manufacturing Practice). The purity of all ingredients is rigorously tested before manufacture.



120 tablets **£6.95**

Energy

Cognitive Health

Vegetarian


## Perfect partners



Ginkgo Biloba – 6,000mg

Opti-Omega 3 – 1,000mg

Co-enzyme Q10 – 200mg

recommended intake	One tablet daily. 
available as	120 tablets.
nutritional info	<p>Typical values per tablet:</p> <p>Standardised <i>Panax ginseng</i> Extract ..... 150mg</p> <p>equivalent to <i>Panax ginseng</i> Root ..... 1,500mg</p> <p>providing Ginsenosides ..... 30mg</p>
ingredients	<i>Panax ginseng</i> Extract, Maltodextrin, Cellulose, Hypromellose, Silica, Magnesium Stearate – of vegetable origin, Stearic Acid – of vegetable origin.
caution	If you are taking any prescribed medication or have any medical conditions always consult your doctor or pharmacist before taking vitamins or supplements. Keep out of sight and reach of young children. Do not exceed stated recommended intake. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Store in a cool, dry place.

**Healthspan**

Healthspan Ltd, PO Box 64, St Peter Port, Guernsey GY1 3BT.  
Tel: 0800 73 123 77 Fax: 01481 713 790 [www.healthspan.co.uk](http://www.healthspan.co.uk)

Prices correct at time of going to press. Please check for current prices when ordering.  
\*Colour of the tablet shown here may differ slightly. This has no effect on the quality of the product and is part of the natural manufacturing process. Tablet not shown to actual size.