

St Clement's Cod Liver Oil – 1,000mg

One a day

Why St Clement's Cod Liver Oil?

Each one-a-day capsule contains 1,000mg of citrus St Clement's Cod Liver Oil, providing 100mg DHA and 75mg EPA. Sourced from the clean, clear waters of Iceland, independent Government tests showed Healthspan's Cod Liver Oil to be the purest in the UK.

Pharmaceutical quality

This Healthspan product is produced to pharmaceutical standards in government-approved facilities that operate to the highest manufacturing standards known as GMP (Good Manufacturing Practice). The purity of all ingredients is rigorously tested before manufacture.



120 capsules **£5.95**

240 capsules **£10.45**

Active Joints

Cardio Care

Cognitive Health

Daily Essential


Perfect partners



Rose Hip – 5,000mg

Optiflex Glucosamine
– 1,000mg

MSM – 800mg

recommended intake	One capsule daily.  * Two may be taken for higher levels of omega 3.
available as	120 or 240 capsules.
nutritional info	Typical values per capsule. % RDA (where applicable) in brackets: St Clement's Flavoured Pure Icelandic Cod Liver Oil..... 1,000mg providing Omega 3 Fatty Acids 200mg of which DHA 100mg and EPA 75mg Vitamin A 210mcg (26) Vitamin D3 2.25mcg (45) Natural Source Vitamin E 1.2mg (12)
ingredients	Cod Liver Oil, Valencia Orange Oil, Lemon Oil, Capsule Shell (Starch, Glycerin – of vegetable origin, Carrageenan, Disodium Phosphate), Natural Source Vitamin E.
caution	If you are taking any prescribed medication or have any medical conditions always consult your doctor or pharmacist before taking vitamins or supplements. Keep out of sight and reach of young children. Do not exceed stated recommended intake. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Store in a cool, dry place.



Healthspan Ltd, PO Box 64, St Peter Port, Guernsey GY1 3BT.
Tel: 0800 73 123 77 Fax: 01481 713 790 www.healthspan.co.uk

Prices correct at time of going to press. Please check for current prices when ordering.
*Colour of the capsule shown here may differ slightly. This has no effect on the quality of the product and is part of the natural manufacturing process. Capsule not shown to actual size.